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Advanced Outdoor Adventure Camp - August 2-6

Longmeadow Parks & Recreation Department, SUMMER 2010

*Longmeadow Parks and Recreation reserves the right to alter any activities that serve the best interest of the campers without reimbursement to the camper, including, but not limited to rain dates. Please pack a lunch in disposable container, water bottle, sunscreen and insect repellent.

Monday, August 2

Beginning Kayaking with Next Level Adventures at Camp Wilder

Group meets at **Bliss Park at 9:00am**. Bus departs from Bliss Park at 9:15am and arrives at Camp Wilder at 9:45am. There will be a brief instructional session upon arriving at Camp Wilder before going in the kayaks. Participants should wear their bathing suits and bring a towel with them. Group returns to Bliss Park by 2:45pm. Pick up at **Bliss Park at 3pm**.

Tuesday, August 3

Caving at Clarksville Cave with Next Level Adventures

Group meets at **Bliss Park at 8:15am**. Bus departs at 8:30am. Arrive at Clarksville Cave, Clarksville, New York at 10:30am and meet up with staff from Next Level Adventures. Explore caves formed millions of years ago when a coral reef was pushed out of the ocean. Caving until 2:30pm. Return to Bliss Park by 4:30pm. Pick up by parents at **Bliss Park at 4:30pm**.

Bring: complete change of clothing, including shoes and underwear- stored in a heavy trash bag; towel, flashlight with NEW alkaline batteries, candle and matches in a waterproof baggy, gym bag, lunch and water bottle.

Wear: long underwear, loose fitting pants (no jeans), t-shirt, long-sleeved jacket, such as jeans, sweater (fleece is best- wool is next best), wool socks, work boots, gloves. PLEASE NOTE: Everything will get wet and very dirty!

Wednesday, August 4

In Pool Scuba Diving & Hiking with Next Level Adventures

Group meets at **Bliss Park at 9am**. Bus departs from Bliss Park at 9:15am. Location of Pool to be determined. There will be an instructional session prior to the participants going in the water with the air tanks. Pick up at **Bliss Park at 3pm**

Thursday, August 5

Fun Finale at Camp Wilder with Next Level Adventures

Bus leaves **Bliss Park at approx. 9:15am** for Camp Wilder. Participants will have their choice of fishing, participating in a ropes course, canoeing or hiking or participating in other outdoor adventures. Participants should wear sneakers.

Friday, August 6

Whitewater Rafting with Crab Apple Whitewater

Group meets at **Bliss Park at 7am**. Bus departs from Bliss Park at 7am sharp! Arrive at Crab Apple Whitewater for the Deerfield-Fife Brook Trip at 8:45am. At 9am attend safety training and get geared up. Hit rapids from 10am-3pm. Don't pack a lunch today as it's included in our package. Watch a slide show of the trip from 3pm-4pm. Depart at 4pm and return to Bliss Park at 5:15pm. Pick-up by parents at **Bliss Park by 5:15pm**.

Wear your bathing suit or shorts and t-shirt. Wear old sneakers. You will get thoroughly wet, so pack an extra set of dry clothes for the trip home (optional, but recommended!).

Crab Apple Whitewater sells pictures of the trip. If you are interested, send money with your child. Prices are as follows:

4x6 photo - \$14.00

5x7 photo - \$16.00

8x10 photo - \$18.00

WHEN THINGS DO NOT GO AS PLANNED:

SOMETIMES WE ARE RUNNING LATE ON OUR WAY BACK FROM TRIPS. WE MAKE EVERY EFFORT TO GET BACK TO OUR SITE FOR THE ADVERTISED TIME. IF WE ARE RUNNING SIGNIFICANTLY LATE, WE WILL DO OUR BEST TO CONTACT PARENTS.

WE MAKE EVERY EFFORT TO NOTIFY YOU OF ANY DIFFICULTIES WE RUN INTO AT CAMP AND ASK YOU TO DO THE SAME. FEEL FREE TO SHARE YOUR THOUGHTS WITH THE CAMP DIRECTOR BEFORE OR AFTER CAMP.

IN CASE OF RAIN, WE MAY DETERMINE THAT IT IS NOT IN YOUR CHILD'S BEST INTEREST TO FOLLOW THE SCHEDULE AS PLANNED. WE MAY PLAN AN ALTERNATE ACTIVITY OR INDOOR ACTIVITY. DUE TO THE NATURE OF THIS PROGRAM AND THE NEED FOR ADVANCE RESERVATION, THERE WILL BE NO REFUNDS ISSUED FOR CANCELLED TRIPS DUE TO ABSENSE OR WEATHER.

THANK YOU AND HAPPY ADVENTURES!

"Passionate Professionals, Beautiful Parks, Exceptional Experiences"