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Outdoor Adventure Camps

Longmeadow Parks & Recreation Department, **SUMMER 2010**

*Longmeadow Parks and Recreation reserves the right to alter any activities that serves the best interest of the campers without reimbursement to the camper, including, but not limited to, rain dates.

Participants are reminded to either wear a swimsuit or bring one with them each day. Weather permitting, there may be an opportunity for participants to swim each afternoon at Reynolds Pool if busses arrive back to Bliss earlier than expected. Also remember to pack a towel, sunscreen, lunch in disposable container, water bottle and insect repellent each day unless it clearly states lunch will be provided in the daily schedule.

Monday, June 28 & July 12

Swim Test at Reynolds Pool and off to Turner Park for Orienteering, Treasure Hunt and Outdoor Games - Next Level Adventures

Group meets at **Bliss Park at 9:00am**. Our location starts at Reynolds Pool at Bliss Park. All participants in Outdoor Adventure and the Advanced Outdoor Adventure are required to complete a swim test to insure that they are adequate swimmers before participating in any water activities. Once this is completed, we are off to Turner Park in Longmeadow which is a unique jewel in the middle of our community. Today we hike the park and take time to explore and build shelters and participate in athletic activities. There will be a treasure hunt looking for native plants and other items buried in the park. There will also be time to learn what plants are native to Turner Park and explore the different animals and fish that make the park their home. Transportation will be available for rest room runs throughout the day. Dress comfortably and wear sneakers. Pack lunch, water bottle, sunscreen and insect repellent. Bring a compass if you have one. Pick up at **Turner Park at 3pm**.

Tuesday, June 29 & July 13

Canoeing at Camp Wilder with Next Level Adventures

Group meets at **Bliss Park at 9am**. The day's activities include an information session on canoes before the participants will have an opportunity to use the canoes at Camp Wilder. Pick up by parents at **Bliss Park at 3:30pm**

Wednesday, June 30 & July 14

Ropes Course at Camp Wilder with Next Level Adventures

Group meets at Bliss Park at 9am. Bus departs for Camp Wilder at 9:15pm. Today's activities include climbing on the new ropes course at Camp Wilder and participating in some team building activities and games. Bliss Park at 3pm.

Thursday, July 1 & July 15

Hiking at Memorial State Park in Chicopee, MA

Group meets at Bliss Park at 9am. Participants will be visiting Memorial State Park in Chicopee, MA for a day of hiking and swimming. Participants are reminded to wear sneakers for the hike. Pick up at Bliss Park at 3pm.

Friday, July 2 & July 16

Visit to the Mystic Aquarium in Mystic, CT

Group meets at Bliss Park at 9am. Participants will be visiting the Mystic Aquarium in Mystic, CT for a day of sea life education and sightseeing. Lunch today will be at the McDonald's Restaurant in Mystic, CT. Please bring money for lunch and snacks. Admission to the aquarium includes General Admission. It does not include the XD Motion Theatre ride, Birds of the Outback Exhibit or the Prehistoric Creatures of the Sea Exhibit. All three are an additional \$3 per person per exhibit.

Pick-up by parents at Bliss Park at 3pm.

Monday, July 19 (There is no camp on Monday, July 5th in observance of the 4th of July.)

Bike Ride to Forest Park in Springfield, MA

Group meets at Bliss Park at 9am with bikes. Our travels today will take us to Forest Park in Springfield. Group leaves Bliss Park at 9:30am after a brief bicycle safety presentation. The ride will last approx. 4 hours which will include lunch, some outdoor games and a ride through the park. Lunch will be provided for participants. Please pack a bathing suit, towel, sunscreen and water bottle. Participants will have the opportunity to enjoy an afternoon swim at Reynolds Pool before biking for home at 3pm.

Tuesdays, July 6 & 20

Tubing Down the Farmington River

Group meets at Bliss Park at 9am. Bus departs at 9am. Arrive at Farmington River Outpost, (New Hartford) by 9:45am. Tubing from 10am-12:30pm. Picnic lunch and return to Bliss Park by 3pm. Pick-up by parents at Bliss Park at 3pm.

Campers can wear their swimsuits while tubing, or an old t-shirt and shorts. It is recommended to wear a shirt, (as the tubes sometimes irritate bare skin). Wear old sneakers, or tevas to keep on while tubing. Life preserver provided. Pack sunscreen, insect repellent, lunch and water in your backpack.

Wednesday, July 7 & 21

Snorkeling/Fishing at Deerfield River with Next Level Adventures

Group meets at Bliss Park at 9am. Bus departs promptly at 9:15am for trip to Deerfield River. Area of river is calm and perfect location for snorkeling along the banks. Group divides in half, one group snorkels, while the others fish or enjoy the nature along the banks. All equipment provided. Participants may bring their own fishing poles and tackle if they have it. Dress comfortably. Pack a swimsuit and towel. Pack sunscreen and insect repellent.

Bring lunch and water in non-breakable containers. All items packed into a backpack- remember to pack light! Pick up by parents at **Bliss Park at 3pm.**

**Thursday & Friday July 8 & 9 and July 22 & 23
Overnight at Camp Wilder with Next Level Adventures.**

Participants arrive at **Bliss Park at 9am.** Bus departs for Camp Wilder at 9:15am. Today is filled with outdoor activities including fishing, ropes course, canoeing, outdoor games followed by a cookout and an overnight. Participants will need to bring an extra set of clothes, sweatshirt, toiletries and sleeping bag. Breakfast on Friday morning will be provided. Transportation back to Turner Park for an afternoon of Frisbee Golf and "New Games" on Friday. Lunch will be provided on Friday. Pick up at **Turner Park at 3pm.**

WHEN THINGS DO NOT GO AS PLANNED:

SOMETIMES WE ARE RUNNING LATE ON OUR WAY BACK FROM TRIPS. WE MAKE EVERY EFFORT TO GET BACK TO OUR SITE FOR THE ADVERTISED TIME. IF WE ARE RUNNING SIGNIFICANTLY LATE, WE WILL DO OUR BEST TO CONTACT PARENTS.

WE MAKE EVERY EFFORT TO NOTIFY YOU OF ANY DIFFICULTIES WE RUN INTO AT CAMP AND ASK YOU TO DO THE SAME. FEEL FREE TO SHARE YOUR THOUGHTS WITH OUR DIRECTOR BEFORE OR AFTER CAMP.

IN CASE OF RAIN, WE MAY DETERMINE THAT IT IS NOT IN YOUR CHILD'S BEST INTEREST TO FOLLOW THE SCHEDULE AS PLANNED. WE MAY PLAN AN ALTERNATE ACTIVITY OR INDOOR ACTIVITY. DUE TO THE NATURE OF THIS PROGRAM AND THE NEED FOR ADVANCE RESERVATION, THERE WILL BE NO REFUNDS ISSUED FOR CANCELLED TRIPS DUE TO ABSENCE OR WEATHER.

THANK YOU AND HAPPY ADVENTURES!